



healthcare for the whole family

## **The Myers Cocktail**

The Myer's Cocktail is a vitamin and mineral rich formula consisting of magnesium, calcium, B-vitamins, and vitamin C and is administered through an IV. John Myers, MD, a physician from Baltimore Maryland, pioneered the use of intravenous vitamins and minerals as part of the overall treatment of various medical problems. After Dr. Myers died in 1984, Dr. Alan Gaby MD continues his work. Now, hundreds of doctors use this IV to effectively treat a wide array of conditions including fatigue, asthma, migraines, fibromyalgia, acute muscle spasms, allergies, cardiovascular conditions, inflammatory bowel disease, menstrual cramps, respiratory tract infections, and sinusitis, as well as for flu prevention and enhancing sport performances. Because it is administered intravenously, the body is able to assimilate higher serum concentrations than with oral administration. In fact, oftentimes a patient feels relief within minutes of receiving the injection. Typically, for chronic conditions, patients are given a number of Myer's treatments over a period of several weeks or months. As patients' conditions improve, the interval between treatments is gradually increased until the injections become unnecessary. Many relatively healthy patients chose to receive periodic injections because it enhanced their overall well being for periods of a week to several months. With Myer's, boost your energy, boost your performance, and boost your immunity!