



healthcare for the whole family

What to Expect From a Naturopath

Q: I've never been to a naturopath before. What should I expect?

A: Great question! naturopathic physicians are recognized by the province of British Columbia as licensed doctors and have been since 1921. We are trained in conventional medical sciences in a similar manner to medical doctors but we are also trained in the use of nutrition, herbal medicine, homeopathy, acupuncture, physical medicine and traditional chinese medicine.

Naturopathic physicians try to treat the whole person with the understanding that everyone is unique with specific needs. Treatments reflect this. Naturopathic physicians may look at conditions from a different perspective which most patients find refreshing. At A New Leaf Naturopathic Clinic we treat a wide variety of health concerns and diseases. Our goal is to understand the needs of our patients. Some patients want just dietary advice while others naturopaths to give the primary treatment for their condition. We are happy to co-operate with your existing medical team to optimize your health requirements. After an initial consultation (which takes about 45 minutes)we design a health program suitable to your needs. Sometimes further laboratory testing is required to accurately diagnose your condition. Almost every condition can get benefit from Naturopathic medicine. Come in and see how Naturopathic medicine can help you!